

# Carleton Rode CEVA Primary School

Church of England Voluntary Aided Primary School

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**'Loving our neighbours as ourselves, by treating others how we'd like to be treated'**

## **Newsletter - Friday 26<sup>th</sup> March 2021**

Dear Parents and Carers,

As the spring term draws to a close, I would like to thank you all so much for your support since the return full school opening on the 8th March. The systems of pick up/drop off, using face covering on site, and all hygiene and ventilation controls in school, seem to working smoothly to keep everyone as safe as possible.

We are so proud of your wonderful children! They have settled back into routines and learning really well and we have noticed how much extra effort they are putting into their learning in their eagerness to get on and back to business. Their behaviour has been excellent too. We are all aware there may be some heightened anxieties due to the uncertainties of the last year, so we are always watching out for anyone who needs additional support and TLC. We will be sure to contact you if we have any concerns about your child's mental health and wellbeing in school.

I am particularly impressed with the children's amazingly positive attitude towards their 'Land's End to John O' Groats' walking challenge! Staff have enjoyed it too and we are looking forward to completing the journey in the new term.

More good news is that we have been joined by four new children, two in Tiger and two in Lion Class! We welcome them and their families and hope they will be very happy here with us.

If you haven't already ordered some NHS lateral flow Covid-19 testing kits for the adults in your household, please consider doing so, as regular testing will help our communities to spot and deal with any cases speedily. Details of how to order your free kits are in this newsletter.

Finally, I would like to let you know about an amazingly informative and supportive website for all parents and carers of 0-19 years <https://www.justonenorfolk.nhs.uk/>

This site accompanies Norfolk's Just One Number telephone service 0300 300 0123.

Just one Number, is Norfolk's single point of access for all Norfolk Healthy Child Programme services where you can find a wide range of support and care that's on offer. The website offers masses of help and advice on a wide range of parenting topics.

There is also free access to an excellent online course called Solihull Online Learning, Online Learning ([justonenorfolk.nhs.uk](https://www.justonenorfolk.nhs.uk/)) It's really user-friendly and helps you to you recognise emotions in yourself and your child to see how they can impact on their behaviour.

Solihull Online can help increase confidence as a parent or carer so that difficulties encountered in everyday life are reduced by seeing a child's behaviour from their point of view. A closer relationship between you and your child can develop, resulting in a calmer and happier household for everyone.

I did this course myself years ago when my children were young and it was face-to-face, I found it was very helpful.

I hope you have a wonderful Easter break and that you get an opportunity for some rest and relaxation.

Best wishes,  
Judith Jones

### **Lateral flow coronavirus testing**

The government have recently increased the testing capacity for twice weekly lateral flow testing to include parents / carers of primary age school children. If you are interested in doing this, please see the below link to the government information and ordering service for the tests.

<https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff>

Please note that the school are unable to provide tests to families to use so they need to be ordered online or collected from a testing centre.

### **School meals reminder**

Please can all parents ensure they have completed the order form for school meals next half term on the following link: <https://forms.office.com/r/ArzSDjUkHj>

### **British Science Week**

To celebrate Science Week, we booked Dr Amy Edgington who works as part of the Earth science department at UCL to talk to the children about her job and about science in general. She started by holding a whole school assembly with some live experiments which then led us into some workshops.

Tiger Class attended a workshop on Space where they learned about the planets.

Lion and Jaguar Class attended a workshop on Hazards. They watched videos, completed activities and made a 3D volcano. They also attended a Question and Answer Zoom session with Amy and KS2 children from Forncett.



## World Book Day

On Wednesday 10th March we all took part in World Book Day. Some of us dressed up as our favourite book characters and we all took part in some fun reading themed activities. We thought about which characters we would invite to our birthday party, packed a suitcase for a book character and created 'The Masked Book' where we read a mystery extract for someone else to guess the book title. Key Stage 2 even dressed up potatoes to look like book characters! We all had a great day.





## **Land's End to John O'Groats challenge**

In a bid to get the children active on their return to school we decided to set them the challenge of collectively walking the distance from Land's End to John O'Groats. This impressive feat required us to walk a total distance of 1407 km. The children set their own goals to walk as many laps of our 200m course as they could during their daily walking sessions. As things stand, we have reached the Scottish border so will need to finish the challenge after Easter. We have all been so impressed with the children's attitude toward this challenge. Many of the children have reported feeling better having done it and we feel it has had a positive impact on learning. It would be great if the children could continue this during the Easter Break, obviously in-between eating chocolate eggs. Well done to all the children for their efforts.

## **Clothing and equipment**

As the weather continues to be unpredictable, please ensure that children have appropriate clothing to be outside in all weathers. Please can this include wellies as one of our bubbles will need to use the field for their breaks. We will endeavour to keep their break times outside as much as possible.

Please also remember that children need to come into school on their PE days in their kits, this is Thursday for Lions and Jaguars and Friday for Tigers.

Water bottles need to be brought into school each day by the children; we have had to put the water fountain out of action as part of our Covid risk assessment.

## **Diary Dates**

Monday 29th March to Friday 9th April – Easter holidays

Monday 3rd May – Bank holiday

Tuesday 4th May – Whole School and Class photographs (wrong date on last newsletter – sorry)

Monday 31st May to Friday 4th June – Half term