

# Long Term Physical Education Plan

	Autumn 1		Autumn 2		Spring 1		Spring 2	Summer 1	Summer 2	
Reception	Physical Literacy Developing— Throwing, running, catching etc		GYMNASTICS  Dance		Multi skill,	Multi skill,	Sports hall athletics	Athletics	Striking and Fielding	H A L F T E R M S
Year 1 & 2					Multi skill, Para- chute	Multi skill, Para- chute				
Year 3 & 4	Cross country	Tag Rugby	FOOTBALL	Gymnastics	BASKETBALL SWIMMING	Netball Swimming	Tennis Athletics	Striking and Fielding Athletics		
Year 5 & 6	Cross country	Tag Rugby	FOOTBALL	Gymnastics	BASKETBALL NETBALL	Netball Table Tennis	Tennis Athletics	Striking and Fielding Athletics		
Clubs	Cross country	Tag Rugby	Football		Table Tennis	Netball	Tennis	Outdoor adventure		
Competitions	Cross country		Tag Rugby		Sports hall ath. Basketball	Netball Football	Cricket Tennis			